



# Explore the diversity of Indigenous experiences in Canada.

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New Journeys is a unique online platform that aims to help you learn more about your community and provide you with resources to lead a healthy life within it.

Visit **NewJourneys.ca** to find:

- Stories about Indigenous cultures, well-being, current events and more
- Important services, resources and programs in your area



**NewJourneys.ca**

New Journeys is an initiative of the  
National Association of Friendship Centres.

Your online Friendship Centre resource

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